

AUGUST | 2019

IOSCO COUNTY COMMISSION ON AGING

HALE, OSCODA & SAND LAKE



MONDAY

TUESDAY

WEDNESDAY

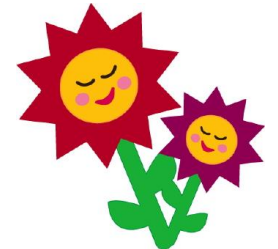
THURSDAY

FRIDAY

29	30	31	1 Parmesan Crusted Pork Chop Red Bliss Potatoes Tossed Salad Peach Fluff	2 Liver & Onions Mashed Potatoes Cauliflower Peaches
5 Cheese Ravioli w/Sauce California Vegetable Blend Tossed Salad Watermelon	6 Beef Burrito Refried Beans Orange 	7 Roast Pork Mashed Potatoes Broccoli Mixed Fruit w/ Jello	8 Meatloaf Mashed Potatoes Cole Slaw Diced Pears	9 Baked Swai Macaroni & Cheese Cauliflower Tropical Fruit Cup
12 Bean Soup w/ Ham Tossed Salad Breadstick Tropical Fruit Cup	13 BBQ Chicken Breast Italian Blend Vegetable with Pasta Prince Charles Veggie Blend Pineapple	14 Stuffed Green Pepper Capri Vegetable Blend Apricots	15 Hot Dog w/Coney Sauce Potato Wedges Cole Slaw Cantaloupe	16 Swiss Steak Mashed Potatoes Carrots Ambrosia Salad
19 Smothered Chicken Rice Pilaf Broccoli & Cauliflower Banana Cream Cup	20 Sloppy Joe Potato Wedges Cole Slaw Watermelon	21 Roast Beef Mashed Potatoes Broccoli Dinner Roll Orange	22 Lasagna Tossed Salad Prince Charles Veggie Blend Garlic Toast Apple	27 Veal Parmesan Tossed Salad Broccoli Cantaloupe & Honeydew
26 Meatloaf Mashed Potatoes Winter Blend Vegetable Dice Pears	27 Swedish Meatballs Brown Rice Normandy Vegetable Blend Orange	28 Liver & Onions Mashed Potatoes Cauliflower Peaches	29 Roast Pork Mashed Potatoes Carrots Tropical Fruit	30 Lemon Pepper Fish Macaroni & Cheese Broccoli Apple

News

Please call your preferred center to make reservations one day in advance. Suggested donation: 60+ is \$3.00. Participants under 60 must pay the Center Host \$6.00.



Important Numbers

Hale Center – 728-4251
 Oscoda/AuSable – 739-3668
 Sand Lake Center – 469-9361
 Tawas Center – 362-6892
 Janice – 739-3781
 Jeneane – 728-2206