



OCTOBER | 2017

Oscoda County Commission on Aging

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Pub Style Fish Homemade Fries Coleslaw Mixed Fruit Cu	3 Sloppy Joe Baked Potato Broccoli Cantaloupe	4 Roast Chicken Scalloped Potatoes Spinach Apple	5 Meatloaf Mashed Potatoes Carrots Banana Pudding Cup	6 Chicken Teriyaki Snow Peas Rice Oriental Blend Pineapple
9 Hamburger Spudster Potatoes Coleslaw Banana	10 Chicken Fricassee Rice Carrots/Corn Applecrisp	11 Lasagna Tossed Salad Mixed Vegetable Orange	12 Pork Chop Mashed Potatoes Broccoli Pears	13 Baked Fish Mac & Cheese Coleslaw Ambrosia Salad
16 Bean Soup Breadstick Tossed Salad Applecrisp	17 Roast Turkey Mashed Potatoes Carrots Banana Puddin	18 Meatloaf Red Bliss Potatoes Green Beans Peaches	19 Roast Chicken Squash Wax Beans Grapes	20 Steak Sandwich Spudster Potatoes Mixed Vegetable Orange
23 Scalloped Pot & Ham Corn Green Beans Tropical Fruit	24 Smothered Chicken Rice Pilaf Pickled Beets Apricots	25 Liver & Onions Mashed Potatoes Spinach Apple	26 Roast Beef Mashed Potatoes Beets Orange	27 Baked Fish Scalloped Potatoes Carrots Cherry Crisp
30 Beef Stew Biscuit Tossed Salad Fruit Parfait	31 Roast Pork Mashed Potatoes Green Beans Peach Fluff	BBQ Chicken Cheesy Potatoes Broccoli Pears	Beef Goulash Tossed Salad Mixed Vegetables Fruit Slushie	Hot Turk San Mashed Potatoes Carrots Mixed Fruit

News

**This meal program
Is offered by the
ICCOA**

**Suggested
Donation 60+
\$3.00
Under 60 must
Pay the Center
Host \$6.00**

**Please call
The Center one
Day in advance
To make your
Reservation
Hale 728-4251
Oscoda/AuSable
739-3668
Sand Lake 469-9361
Tawas 362-6892
Janice 739-3781
Jeneane 728-2206**